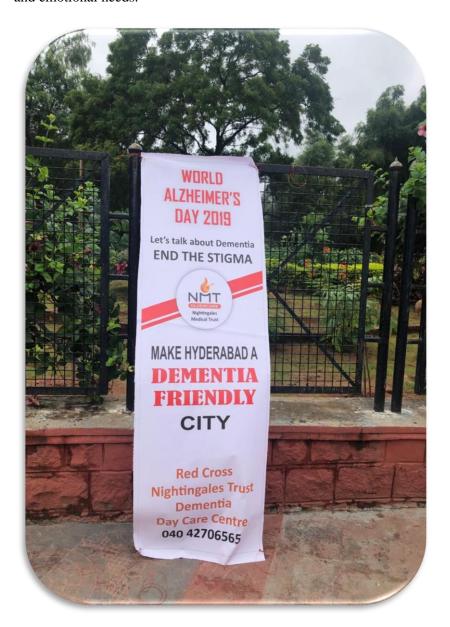
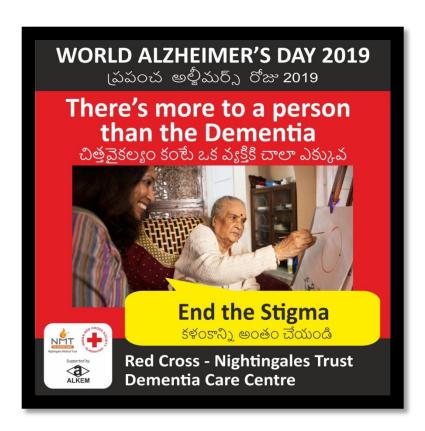
WORLD ALZHEIMER'S DAY 2019

Nightingales Medical Trust (NMT) is a Bangalore (India) based nonprofit organization working for the welfare of the elderly since 1998.

Over the years NMT has successfully conceptualized various innovative and family based projects that are making a significant difference in the lives of the elderly by fulfilling their social, physical and emotional needs.



The theme for World Alzheimer's day-2019 was "Let's talk about Dementia toend the stigma", a Campaign aimed to fight against the Stigma Associated with Dementia.





World Alzheimer's Day was observed on 20thSeptember 2019 by Red Cross - Nightingales Trust Dementia Day Care Centre through conducting various activities that was spread all through the day.



The event was organised at KBR Park, main entrance where more than 800 participants consisting of students, caregivers, police officers, morning walkers at the park and various other supportive NGO's had gathered and participated .Ms SruthiSivaraman, engaged the crowd by conducting brain games to engage the crowd and also to create understanding about the cognitive impairment a person with dementia might present.

Welcome and opening remark was given by Mr.Premkumar Raja, Cofounder of NMT



After welcoming the chief guest-the Honourable Minister ShriEetelaRajendraand various other dignitaries like Mr.Prakash Reddy Chaiman of IRCS, Mr.Madan Mohan Rao, General Secretary IRCS, Mr.Koti Reddy, Administrative Officer, IRCS, Mr.Bheem Reddy, District Chairman, Mr Premkumar S Raja, and Dr RadhaCofounders of Nightingales Medical Trust were seated on the dais.

They were requested to address the gathering.











The Chief Guest Hon' Health Minister Shri. Eetela Rajendra spoke about the prevalence of Alzheimer's and the necessity of NGOs and other social organisations to participate in educating the caregivers and general public about dementia. He spoke about how nuclear families have replaced joint families which has led to less interaction between children and elders. As a result elders are being abused. He laid emphasis on how it is necessary to respect elders and educate every one about dementia. He has suggested conducting more awareness programmes and increasing activities for elders to reduce the Dementia risk. He also promised to support for the cause. He has congratulated Red Cross Nightingales Trust Dementia Day Care Centre for holding the World Alzheimer's day celebrations.

After minister's speech street play was performed by students of St Joseph's College. The theme of the street paly was to create awareness about the signs and symptoms and available support services to close the treatment gap.



Street play by St. Joseph's college students

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This was followed by the speech of Guest of honour, Shri. Prakash Reddy, Chaiman IRCS. Meanwhile, the students of IRCS and various colleges like Rhoda Mistry College, St Joseph and St Anns gathered for the "Intergenerational Memory Walk" to raise awareness on Dementia to fight stigma associated with Dementia. It was flagged off by the Health Minister.



Minister addressing media

Approximately 800 members participated including students, senior citizens NGO's and others marched along raising slogans/ placards and banners trying to fight the stigma against Dementia.

















































After the culmination of the Intergenerational Memory Walk at Red Cross Nightingales Trust Dementia Day Care Centre refreshments were issued to the participants and we commenced the workshop titled "How to fight stigma associated with Dementia" by Dr Diana Monteiro and Dr Surya Prabha, Neurophysician from NIMS hospital discussed about identifying the signs and symptoms of Dementia. Impact of the workshop on family carers were tremendous that about 5 carers shared their experiences of caring including lack of information available and the jolt they faced while the diagnosis was given.



DrDianaMonteiro

One of our caregiver sharing her experience





DrSuryaPrabha,

Vote of Thanks by Dr.Radha S Murthy , Managing Trustee of Nightingales Medical Trust



PRINT MEDIA COVERAGE:







News Channels in Telugu like ABN, TV9 and few others had covered the Ministers speech and had telecasted the same.